

Anxiety and Agoraphobia Treatment Center Practicum Training Program

Welcome to the new and updated Advanced Practicum Training Program! The AATC Practicum Training Program is a **one-year (with option for two year)** training experience offering **state-of-the art Cognitive Behavioral Therapy (CBT) training** for Masters-level students currently enrolled in an APA-Accredited Clinical Psychology Doctoral program. Core training opportunities include the provision of individual and group therapy, participation on intensive treatment teams, weekly individual supervision/mentorship, shadowing opportunities, and regular clinical seminar and didactic training throughout the year. The practicum program is administered by the Co-Directors of Practicum Training, Drs. Wagner and Mazza.

Practicum Requirements:

The AATC Practicum is a 20-hour per week commitment, including attendance at Clinical and Training Seminars with flexibility in scheduling to accommodate patient needs, intensive treatment protocols, and supervision.

A. Direct Service= 10-12 hours avg.

- Intakes/Evaluations 0-3 (avg) as needed
- Individual Therapy 10 hours (avg.)
- Group Therapy 0-3 hours (avg)
- Emergency Coverage as needed

B. Clinical Training and Supervision= 3.5 hours

- Individual Supervision 1.5 hours
- Clinical Training Seminar 1 hour
- Didactic Seminar 1 hour
- Shadowing of Clinical Cases TBD with individual supervisor

C. Case Management/Administration = 4 hours avg.

- Progress Notes (Therapy, Consultation, Phone contact, Cancellations) 2 hours
- Supervision Preparation 1 hour
 - Patient Tracker Log and Supervision Log
- Intake Reports (AATC Records) 0-3 hours
- Professional Written Reports (External) 0-1 hour

D. Professional Development = Varies

- Preparation of presentations (i.e. ADAA) TBD
- Clinical Training Seminar Didactic Presentation 2/year
- Clinical Training Case Presentation 2/year
- Anxiety Disorders Association of America Membership Required
- Mentorship/Shadowing of Senior Staff Professional Activities TBD

Practicum Schedule:

- **Seminars:**
 - All trainees are **required** to be on-site on **Mondays** for Didactic Training Seminar (**9:30-10:30 AM**) and Clinical Training Seminar (**10:30-11:30 AM**).
- **Clinical Service Days/Times:**
 - Each trainee's schedule will be approved by the Co-Directors of Training as well as the trainee's respective individual supervisor. Days and times that trainees will see patients is determined by the clinic, office, and supervision schedule and will work to accommodate the trainee's schedule as appropriate. A regular schedule will be determined at the start of each academic semester.

AATC Practicum Training Application Process

Deadline for Application Materials: January 27, 2012

Required Application Materials:

1. Cover Letter/Statement of Interest
2. Transcript (Unofficial okay)
3. Current CV including current contact information
4. Sample Report
 - Case conceptualization and/or diagnostic report from a cognitive-behavioral approach
 - (Remember to de-identify patient information)
5. Three Letters of Reference
 - Two letters must be from previous clinical supervisors who have directly observed applicant's clinical work.

Please send materials to:

Drs. Wagner and Mazza
AATC Practicum Training Department
707 Lake Cook Road, Suite 300
Deerfield, IL 60015

AATC Practicum Training contact email: PracticumTraining@anxietytreatmentcenter.com

Selection Timeline:

Of note, while we are not an ACEPT site, our timeline attempts to streamline the process for both ACEPT and non-ACEPT applicants.

1. Application Deadline
 - Applications must be **received** by AATC on or before **January 27, 2012.**
2. Interview Offers
 - Applicants will be notified via email by **February 3, 2012.**
3. Interviews
 - On-going as applications are received.
 - Remaining interviews held on-site **February 6th through February 18th.**
4. Offer for Practicum Placement
 - Candidates notified via email: **February 20 to February 25, 2012**
 - Applicants must respond to offer email **within 24 hours.**
 - Absence of a response: If a student does not respond within 24 hours of the initial email, we will remove you from the candidate list. Applicant may request reconsideration for remaining available slots on February 27th (Match Day) via email: PracticumTraining@anxietytreatmentcenter.com.
5. Applicant may accept or decline offer for placement within the 24 hours.
 - Given that we accept applications from ACEPT and non-ACEPT participating institutions, we are unable to offer “holds” for placement as a standard practice.
6. “Match Day”: **February 27, 2012,** Offers for remaining slots will be offered via phone/email.

Application and Selection Criteria:

Applicants are expected to be at an **intermediate/advanced level of Practicum Training**, (at least 2 years of previous clinical training and experience in CBT/empirically supported treatment).

Applicants are expected to demonstrate the following:

1. Competence in Clinical and Diagnostic Interviewing
2. Assessment Skills (semi-structured, and self-assessment tools)
3. Coursework/Skills in Cognitive-Behavioral Therapy/Empirically Supported Interventions
4. Professional and Ethical Behavior

Selection criteria include interests and goals appropriate to the practicum program, interpersonal skills appropriate to the professional practice of psychology, an academic foundation for effective clinical work, ethical conduct, and demonstrated sensitivity to multicultural issues.